

2025 Annual MAPPA Conference Agenda
 “PREVENTION in a CHANGING WORLD”
 Regroup, Adapt, Deliver

All Sessions Supports Prevention – Treatment- Recovery & Behavioral/Mental Health
 Professions

	Thursday November 6, 2025	Friday November 7, 2025
7:00-8:15	BREAKFAST in the Hotel Restaurant	BREAKFAST in the Hotel Restaurant
7:00-9:00	REGISTRATION	REGISTRATION
8:30-8:40	Welcome & Announcements	Welcome & Announcements
8:45 – 9:45	The Connection Paradigm Presenter: Lora Peppard, PhD, DNP, PMHNP-BC Domain: Professional Growth & Responsibility	Empowering Youth to Lead Presenter: Ben Stevenson II, Manager III, Prevention & Harm Reduction Services Domain: Community Organization
9:45-10:00	BREAK	BREAK
10:00 – 11:00	Micro-Skills to Engage with Others Presenter: Lora Peppard, PhD, DNP, PMHNP-BC Domain: Professional Growth & Responsibility	Problem Gambling Toolkit Presenter: Heather Eshleman, Program Director Domain: Environmental Change
11:00 - 12:00	Self-Care Skill Development Presenter: Patty Ferssizidis, PhD Domain: Professional Growth & Responsibility	Prevention Resources & T. A. The BHRT Team – Nicole Sealton Associate Director - BHRT Domain: Education
12:00-1:30	LUNCH in the Conference Room Networking Opportunities	LUNCH in the Conference Room Election Results Announcement
1:30 – 3:00	Building a Connected Team Presenter: Patty Ferssizidis, PhD Domain: Professional Growth & Responsibility; (Organizational) Public Policy & Environmental Change	Profession-Specific Activities Pt 1 Presenter: Angela M. Doel, Psychotherapist & Published Author Domain: Community Organization
3:00 – 4:00	The Strengths-Based Method Presenter: Angela M. Doel, Psychotherapist & Published Author Domain: Service Delivery	Profession-Specific Activities Pt 2
	6 CEUs	6 CEUs

YOU MUST ATTEND THE FULL CONFERENCE TO EARN ALL AVAILABLE CEUs
PRESENTATIONS SUBJECT TO CHANGE

Session Descriptions
(this form will be updated once all the session descriptions are received)

Thursday, Nov. 6, 2025: 3:00-4:00 PM

The Strengths-Based Method for Prevention-Treatment-Recovery-Therapy

This session explores practical ways to apply strengths-based interventions across prevention, treatment, recovery, and counseling. Attendees will learn how to identify and leverage client strengths (e.g., perseverance and problem-solving skills) to enhance engagement, increase motivation, and achieve long-term success. Real-world examples will illustrate how this approach improves outcomes in diverse settings.

Learning Objectives:

Understand Core Principles: Describe the principles of strengths-based prevention, treatment, recovery, and therapy, and explain how this approach differs from deficit-focused models.

Apply Practical Interventions: Identify at least three strengths-based techniques and demonstrate how to integrate them into individual, group, and community interventions.

Enhance Client Engagement: Develop strategies to increase motivation, resilience, and long-term outcomes by leveraging clients' existing strengths and resources.

Friday, Nov. 7, 2025 – 1:30-3:00 PM (Part 1)

Friday, Nov. 7, 2025 – 3:00-4:00 PM (Part 2)

Profession-Specific Activities: Creative Group Games for Engagement

Interactive sessions provide attendees with hands-on experience through engaging, evidence-informed activities, including Recovery Bingo, Jeopardy, and Relapse Prevention Scavenger Hunts. Participants will practice group play, explore how these activities can support prevention and recovery work, and leave with strategies to engage youth and adults.

Learning Objectives:

Experience Interactive Group Activities: Participate in a variety of recovery-focused games and activities designed to engage clients in prevention, treatment, recovery, and behavioral health settings.

Evaluate Benefits and Outcomes: Analyze how interactive activities support skill-building, relapse prevention, and community connection for diverse populations.

Adapt and Implement in Practice: Develop a customized and practical plan that includes at least two group activities relevant to attendees' professional roles, enhancing program effectiveness and participant engagement.